

# Best Practices for Bible in 90 Days

Reading the Bible in 90 Days transforms lives. *Anyone* can be deeply enriched when immersed in God's Word. Bible in 90 Days (B90), a simple, doable reading plan, with support materials, will launch and guide you on an remarkable journey through the Scriptures. Scripture Awakening provides two basic formats for Bible reading: print or digital. Either format will help you, your family, small group, or whole church, read successfully through God's Word in just 90 days!

## PRINT OPTIONS

**B90 NIV Bible.** Studies show that reading books on a printed surface is more beneficial and easier than reading on a screen. The B90 NIV Bible is a paperback, featuring start and end markers for each day's reading; larger print size; thinline format transports easily in a briefcase or purse; and is the centerpiece of the B90 curriculum. If you plan to hold weekly group gatherings, which we strongly recommend, be sure to avail yourself of the following resources:

**B90 Participant's Guide.** This Guide features 14 "session" synopses of each full week of reading. The guide includes group discussion questions, reading assignments, book overviews, reading tips, space for notes, and more.

**B90 Leader's Guide with Videos.** Includes a 62-page print booklet with clear, practical instructions for facilitating weekly sessions, helpful tips, and 3 DVDs that feature 2 complete sets of video teaching sessions. [ [Digital Option for Leader's Guide and Videos Only: The Leader's Guide is also available digitally \(PDF\) and the videos are streamed.](#) ]

**Bible in 90 Days Plus Book.** This alternative approach replaces the traditional Bible in 90 Days materials, other than the B90 Bible, which is optional. Following the same reading schedule as Bible in 90 Days, it enhances your readings with daily commentaries. This comprehensive approach is great for Sunday Schools, Homeschools, or anyone needing an extra layer of encouragement and understanding to their Bible reading. It adds 5-10 minutes to the daily reading time. The B90+ Book is the print version of our B90+ automation email series (see below). It also features Weekly Session Previews & Reviews, Essential Snapshot Teaching Videos (QR code), Group Facilitator's Guide, Group Discussion Questions, Supplemental Historical Material, and more.

## DIGITAL OPTIONS

**Bible in 90 Days Plus (B90+) Digital.** The Bible in 90 Days Plus is an email automation series. B90+ comes to your inbox daily, featuring a daily commentary, video clips, coaching tips, a closing application challenge and more. A B90+ Digital GuideBook and the Essential Snapshot teaching videos are included:

**B90+ Digital GuideBook.** Available as a free PDF download, the GuideBook includes a fresh set of discussion questions and additional guidelines for those who have done the standard B90+ program and want to try something new.

**Essential Snapshot Videos.** This 14-week video teaching series was designed and produced to serve as a companion to the Bible in 90 Days Plus, but can also be used with the traditional Bible in 90 Days program. It is apologetic in focus, providing key reasons we can trust that the Bible is God's Word from beginning to end. Teaching topics cover the Pentateuch, Israel's history, Poetry, Prophecy, Gospels, Letters, right through to Revelation. Packed with interesting facts, perspectives, and essential insights. (Access is password protected.)



## Bible in 90 Days Basics

The premise is simple: Participants read 12 pages of Scripture a day, gather weekly to watch a teaching video, engage in discussion, and fellowship. Repeat. Fourteen weeks later—voilà—you've done it!

### How to Launch B90

1. Pick a launch date for your group (or entire church) to begin reading through B90. Note: If you have no experience with B90 yet, consider taking a team of leaders through B90 before bringing it to your whole church. This will provide experience and testimonies to energize your congregation at a future date.
2. Advertise in advance. Maximize involvement. Get free B90 resources to assist with advertising, programing, a reading schedule, and more, found [here](#).

### Small Groups for Success

Journeying through the Bible with a group has many benefits. Participants read 12 pages of Scripture a day, gather weekly to watch a teaching video, and engage in discussion and fellowship. We recommend going to our website ([ScriptureAwakening.com](http://ScriptureAwakening.com)) to read the first two tabs of the **Getting Started with B90/ B90+** page on our website, labeled “Start a B90 Group” and “Facilitate a B90 Group.” [Link](#). There is also a Facilitator’s Guide available in the Appendix of the B90+ Book.

If doing a B90 group online, Facilitators can use email, FaceBook, Zoom, or whatever forum works best for your group. Your weekly meetings may include the teaching videos, or group Participants may choose to watch the videos on their own. If you plan on watching videos in your online sessions, then be sure to test functionality ahead of time to avoid glitches.

### Facilitating Small Groups

#### Initially

1. Establish group communications (texts, email, Facebook, etc).
2. Establish and communicate expectations: commitment to read (approx. 45 min/ day); attend small group meetings (approx. 90 min/week). Answer questions.

#### Daily

Do the readings yourself! Encourage Participants to read daily. Stay on schedule.

#### Weekly

Remember—*don't teach*—but *do* facilitate! Monitor your group’s progress. If using B90 Traditional, use the printed Leader’s Guide; if using B90+ printed book, use the Facilitator’s Guide found in the back of the book; if using B90+ digital *only* (the email automation), then use the B90+ Digital GuideBook (pdf). Watch the videos together. Use discussion questions to stimulate dialogue.

#### Finally

1. Recognize & reward: download and print [B90 Completion Certificates](#).
2. Have Participants complete the [B90 Survey](#) where they can also include a testimony of how B90 impacted them.
3. Help Participants identify their “next step” in their journey through God’s Word.
4. Offer feedback: what worked, didn't work, suggest improvements.

**To succeed in thoughtfully reading through the entire Bible in 90 Days, then the steps below are essential:**

### 1 Select a readable

**Bible version and format.** Use a Bible or Bible app that is text-only without additional study notes or materials so you can focus on the actual text. The B90 printed Bible is a good example with consistent 12-pages-a-day readings.

### 2 Pick a time and place for the daily readings.

Find a quiet place. Remove any distractions. Be innovative as needed. Bible readings average about 45 minutes of focused attention. If using Bible in 90 Days *Plus*, the commentaries add about 5-7 minutes daily, and provide you with a richer Bible reading experience.

### 3 Join a small group.

Meet weekly with others who are also reading B90. Meet to discuss what you've read and for encouragement—it leads to success. It also provides some accountability for staying on track and not falling behind.