

Best Practices for Using Bible in 90 Days Plus

- What** Bible in 90 Days Plus (B90+) is designed to encourage and assist individuals, small groups, and churches to read through the entire Bible, cover-to-cover, in just 90 days. Building upon our successful traditional Bible in 90 Days (B90) program, B90+ is offered in hard copy and digitally. Both versions feature Biblical commentaries, coaching tips, application questions, and more. It's everything B90 traditional is, plus!
- Why** Regular Bible reading is universally recognized as good and necessary, but few Christians actually do so—even fewer have read the whole Bible. B90+ is a simple, innovative, and proven approach to reading God's Word. It will help you complete reading through the entire Bible—and glean essential insights along the way. Engaging a whole church in B90+ will build community, foster spiritual growth, and energize your members.
- Who** B90+ works for believers and non-believers alike. Anyone committing to read 12 pages a day will greatly benefit from the experience. It's life changing! And if reading 12 pages a day seems a bit too much, B90+ provides the option of reading just one overview chapter from the larger reading. Truly anyone can do this!
- Where** The B90+ Book offers room for answering questions, taking notes, and provides a permanent record of all you have learned. The digital version of B90+ is delivered electronically on computers, tablets, and mobile devices, and can be accessed virtually everywhere. Daily Bible readings can be done on either printed or digital Bibles, on a mobile device, or online. We designed B90+ to be used anywhere!
- How** B90+ aims to provide you with several program options to meet your personal and/or church's need and to keep your read through the Bible fresh year-after-year.



Our mission is to help awaken you to the power of God's Word.

Discover a full range of Biblical resources at ScriptureAwakening.com

If we define success as thoughtfully reading the entire Bible in 90 Days, then the following 4 elements are essential:

1 Select a readable Bible version and format.

Use a Bible that is text-only without additional study notes or materials so you can focus on the actual text. The B90 printed Bible is a good example with consistent 12-pages-a-day readings.

2 Pick a time and place for the daily readings.

The readings require 45-60 minutes of focused attention. Find a quiet place. Remove distractions. Just adding them to an already busy schedule rarely works. Ex: Divide the readings by doing 1/3 in the morning, 1/3 mid-day, and 1/3 in the evening.

3 Join a small group.

Meet weekly with others who are also reading B90+. Meet to discuss what you've read and for encouragement—it leads to success. It also provides some accountability for staying on track and not falling behind.

4 Integrate the daily B90+ commentaries.

These require about 10 more minutes of reading each day. Ideally, they are designed to be read in conjunction with the daily Bible readings. They are a key component of B90+ and will provide you with a richer Bible reading experience.

B90 / B90+ Program Options

B90 Traditional and B90+ Integration. The B90+ digital daily commentaries may be helpful as a supplemental resource for those using the traditional B90 Bible, guides, and videos. They follow the same reading schedule. Likewise, those who use the B90+ program in any of its forms will find their readings to be even more accessible and focused if using the Bible in 90 Days Bible. [B90 Bundle](#)

B90+ Digital. Individuals subscribe to B90+ digital at Scripture Awakening and receive the B90+ email series directly to their inbox. B90+ digital features a one-minute video synopsis, coaching tip, a choice between reading the full 12 pages a day, or a single overview chapter, a brief commentary, and a closing application challenge. View a B90+ sample [here](#). [B90+ Bundle](#)

B90+ Book. Due to popular demand, Scripture Awakening has published the Bible in 90 Days Plus Book. This book brings the electronic version completely into book form and includes its own facilitator's guide, small group questions, and much more. Those who purchase the B90+ Book receive the B90+ videos and B90+ digital emails for free. If you are using the B90+ Book, the B90+ Digital GuideBook is not needed (but could be used as an alternative source of questions for the weekly group meetings if desired). [B90+ Softcover Book](#)

B90+ Digital GuideBook. This guidebook, available as a free PDF download, is designed to accompany and guide your B90+ online experience. It also provides a fresh set of questions and additional guidelines for those who have done the standard B90+ program and who want to try something new. [B90+ Digital GuideBook](#)

How to Launch B90+ Churchwide

1. Appoint a *Church Contact* and inform Scripture Awakening's [Consultant](#), who is available to provide support.
2. Pick a launch date for your group (or entire church) to begin reading through B90+. Note: If you have no experience with B90+ yet, consider taking a team of leaders through B90+ before bringing it to your whole church. This will provide experience and testimonies to energize your congregation at a future date.
3. Advertise in advance. Maximize involvement. Get free B90 resources to assist with advertising, programming, a reading schedule, and more, found [here](#).
4. Appoint a *Church Coordinator* (this may be the pastor, staff member, or a volunteer appointed by church the leadership team; in smaller churches the *Contact* may also serve as the *Coordinator*). If you plan to have more than one group, assign a *Small Group Facilitator* to each group. Churches with more than five small groups may form a leadership team comprised of the *Coordinator* and *Facilitators*, ensuring quality support for the church's small groups.

B90+ Small Groups for Success

Journeying through the Bible with a group has many benefits. The premise is simple: Participants read 12 pages of Scripture a day, gather weekly to watch a teaching video, and engage in discussion and fellowship. We recommend that the *Coordinator* and *Facilitator(s)* go to our website to read the first two tabs of the *Getting Started with B90/B90+* page on our website, labeled "Start a B90 Group" and "Facilitate a B90 Group." [Link](#). See also the Facilitator's Guide available in the back of the B90+ book.

If doing a B90+ online group, we recommend that group facilitators build fellowship and encouragement for small groups by using email, Facebook, Twitter, or whatever forum works best for your group. Your weekly meetings may include the video, or group participants may choose to watch videos on their own. If you plan on watching videos in your online weekly sessions, be sure to test functionality ahead of time to avoid glitches.



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Prepping Small Groups

If your group or church is only using the printed book version of B90+, simply order copies ahead of time and announce your start date. If participants are using the digital version of B90+, the steps below will ensure that everyone, your Contact, Coordinator, Facilitators, and Participants all know how B90+ is delivered *before you start*.

1. Coordinator sets a start date.
2. Facilitator(s) and Participants register for free SA member accounts.
3. Inform all Participants of start date; email B90+ subscribe link to everyone.
4. **Very Important:** If your group or church is not joining one of our national launches (which provides you a special sign-up form for one specific date), communicate clearly that all participants *must subscribe to B90+ one day before your established start date*. Example: If the start date is May 15, then subscribe on May 14. Our email delivery system automatically begins sending the B90+ series immediately after a subscription is activated. The B90+ emails will commence daily for 90 days non-stop. This must be done so that all participants receive the B90+ emails on the same days.

Roles & Responsibilities

Contact

1. Coordinate with Scripture Awakening.
2. Ask church leaders to appoint a Church Coordinator and work with that person to develop a B90+ campaign plan with detailed calendar (including launch date).
3. Publicize / advertise B90+ campaign.

Coordinator: Form Small Group(s)

1. Identify and train team of Small Group Facilitators.
2. Create small groups of participants (initial goal is 3 per group; stretch goal is 10).
3. Encourage participants to register/subscribe to B90+. Re-read "Prepping Small Group(s)".
4. Assist with obtaining free B90+ resources:
 - a. Download [B90/B90+ Reading Plan](#) and [B90+ Digital GuideBook](#)
 - b. Access: The [Essential Snapshot](#) (TES) Video Series

Facilitator(s): Lead Small Group Sessions

Initially

1. Establish group communications (texts, email, Facebook, etc).
2. Establish and communicate expectations (45-60 minute commitment to read daily; to attend small group meetings weekly). Answer questions.

Daily

Do the readings yourself! Encourage participants to do the daily readings. Stay on schedule.

Weekly

1. Use the B90+ Facilitator's Guide found in the back of the B90+ book. (If your group or church has done B90+ already and are looking for a fresh approach this year, they may want to use the B90+ Digital GuideBook). Remember—*don't teach*—but do facilitate! Monitor your group's progress.
2. Watch the TES videos together. Use discussion questions to stimulate dialogue.

Finally

1. Recognize & reward: use [B90+ Completion Certificates](#).
2. Have Participants complete the [B90+ Survey](#) where they can also include a testimony of how B90+ impacted them.
3. Help Participants identify the "next step" to continue their journey through God's Word.
4. Offer feedback to Scripture Awakening: what worked, didn't work, suggest improvements.



3-Steps to Start B90+

The HOTLINK BUTTONS below are the 3-step process for your church leaders and members to get easy and fast access to our Bible in 90 Days Plus reading series and companion resources. **Just click and go!**

1

Register to Become an SA Member

2

Subscribe to B90+ / Receive Welcome Email

3

Download B90+ GuideBook & Videos